

# SLRA Activities, Groups, Classes for Adults & Families

(last updated March 2022)

## INFO

All activities are for free and welcome all migrants and refugees in South London. Priority is given to active SLRA users. You need to register with SLRA first: see contact details below the activities. If you want to refer from another organisation, please send a filled-out referral form (on the SLRA website). If you have questions, our office number is: **0203 490 3443**.

## ADDRESS

**Groups at the Woodlawn Centre,  
16 Leigham Court Road, SW16 2PJ**



## TUESDAY

**10:30am - 12.00pm**

### English lesson for adults

All English levels welcome. Learn and practice English in a friendly environment. Stay for a free lunch.

Find out more contact:  
semsem@slr-a.org.uk

**1pm - 4pm**

### WATAN Men Group & free Community Lunch

Empowering session for men! Join us for discussions, activities & make new friends.

Find out more contact:  
waleed@slr-a.org.uk

**THURSDAY 10:30 am - 1.30pm**

### Women Group & free Community Lunch

Empowering sessions for women by women! Join us for creative activities, discussions & make new friends! Regular sessions on mental health.

Find out more contact:  
tamara@slr-a.org.uk